

BOLD MOVES

SUMMER 2025

THE CHICKS IN CHARGE
MAGAZINE

12

TRAITS OF A
UNICORN
LEADER

THUNDERING
SUCCESS FOR
LOCAL CAKE
BOSS

SHE SHINES
NASHVILLE
ROUND UP

SECOND
HALF
GOALS
WINNING
WORK,
WEALTH &
WELLNESS



BOLD MOVES

ALTERNATE COVER

THE CHICKS IN CHARGE
MAGAZINE

I MEAN, HOW
CUTE ARE
THESE CHICKS
IN NASHVILLE?

greetings from

CAN WE GO
AWAY
TOGETHER
EVERY YEAR?

DRAPER JAMES



NASHVILLE, TN

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CHICKS WHO
FLOCK
TOGETHER
ROCK
TOGETHER

WHERE TO
NEXT,
CHICKS?

BOLD MOVES

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YES
WE HAD A
GREAT TIME
AND LEARNED
FROM ONE
ANOTHER

WE STAYED AT
THE DOLLY-
THEMED
GRADUATE
HOTEL

10/10
RECOMMEND
GOING ON A
GIRLS TRIP

OH, DID WE
MENTION WE
ALSO HELD A
CONFERENCE?



BOLD MOVES

ALTERNATE COVER

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MAGAZINE

IT'S GIVING
BOSS CHICK
ENERGY

LIFE IS MEANT
FOR CONNECTION
AND ADVENTURE

BEST ROOMIE
AWARD GOES
TO...

SHE'S THE
YEE TO
MY HAW



THE BOLD LIFE '25 BY CHICKS IN CHARGE

CHAMPS!



Malena Putnam, CEO

Photo from our SHE Shines Nashville conference from April

ON THE COVER: Applied Behavioral Analysis Clinic Manager Audrey Lott

What winning really feels like.

Dearest Chicks,

There's something electric about being part of a winning team—and this summer, OKC is buzzing with the joy of victory. Our Thunder just brought home the NBA Championship, and whether you were screaming courtside or watching with family or friends at home like I did, you felt it. The collective spirit. The grit. The glory. That parade where 700,000 fans gathered to celebrate. Damn, it felt good.

It reminds me why we created Chicks in Charge. Because boldness isn't just about going big—it's about going *together*. Like our Thunder, we rise when each person plays their part, trusts the process, and shows up with heart.

This season, let their story be your inspiration. Rally your squad. Play to your strengths. And when the buzzer sounds—whether it's in business, wellness, or life—you'll look around and know: we did it.

In this issue, we get to hear from Jen who got to be a part of the Thunder playoffs with her cake creativity. We also hear from Meredith who braved her first solo trip and Angie who saw beauty in a new way in Africa. We also share some big and small Goal GetHers wins in work, wealth and wellness.

Here's to a summer of bold wins, big feels, and shared success.

In your corner, always,
Malena Putnam
Editor-in-Chief, Bold Moves
Co-founder, Chicks in Charge & Yay Dude Media
& Marketing

STUFF YOU'RE GONNA WANNA READ



SHE Shines Nashville Chicks 2025. Next one is back home in OKC in '26!

05

CAKE BOSS THUNDERS UP

See how Jen had a dream come true Dream Cakes.

15

12 TRAITS OF A UNICORN

How many of these traits do you have?

13

NO FOMO: GO SOLO

Would you ever travel solo? See why Meredith did it and her tips for you.

10

BOLD BEAUTY IN AFRICA

Angela says true beauty can be found here.

08

SPACE GOALS

Stacy shares her passion to help you love the space you're in.

14

3 MUST STAY VACAYS FOR WOMEN

Travel advisor Erin gives us the inside track on the best spots.

Plus more Chicks spotlights and bold offers just for you.



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ADVENTURES

A goal
without
a plan is
just
a wish.

That's why we love Goal GetHers.



THUNDERING SUCCESS FOR LOCAL BAKER



Jen Havenar shares her journey as a cake boss and her recent dream Thunder win.

Back in the summer of 2011, I was a recent stay at home mom. I had quit my job and wanted to raise my daughter like my mom raised my sister and I.

During that time, one day my mom randomly suggested that I learn how to make cakes. Mind you, at this point in my life, I couldn't even bake a cake from a box to save my life. She offered to bake my cakes so I could take them to class and learn the basics of cake decorating. August 26, 2011 was the start of a new found love!

After a six week course at MNTC, I was consistently on YouTube looking up how-to videos and practicing everything I was soaking in. Fourteen

years later, here I am still loving it and grown what was once a hobby into a full time career and passion!

Q. You got a cool gig providing cakes for the suites for the Thunder playoffs. How did that happen?

How did you get the Thunder gig: A sweet customer turned friend of mine has been ordering cakes from me for her family for a few of years. Two years ago, she had asked me what I would think about making cakes for the Thunder. I was speechless! I found out then that she works at the Paycom Center and instantly became my connection. After a couple of years of making small cakes, cupcakes, cookie sandwiches, and mini cheesecakes for the some of the suites during the playoff season, the Thunder made it to the Finals. She called me and said "If we make it to the Finals and we're going big. Are you ready?" Nervously, I said yes. And she replied "We're going to need 42 cakes for all 42 suites." I was all for it! The Thunder won the WCF in Game 5 and the rest is history.



[Dream_cakes_by_jen](https://www.instagram.com/dream_cakes_by_jen/)



[dreamcakesbyjenllc](https://www.facebook.com/dreamcakesbyjenllc)



Q. Share a bit about your creative inspiration and process.

The inspiration for the cakes actually came from 4 small cakes I had done for the Thunder staff 2 years prior. They wanted something fun, celebratory, and all thunder themed. So I took those designs, made some adjustments for something fresh and just let the icing flow. The process of putting all the cakes together took me 4 days and 42 hours. I had a some behind the scenes help from my daughter and my parents (they truly are my biggest supporters). Day 1 was baking, day 2 was leveling and filling, day 3 was base coats, and day 4 was adding all the details to each cake. It truly was an incredible experience, one of the biggest achievements in my baking career! It has me ready for the next chapter of the journey!



You're a Mean One



Dream Cakes by Jen

CONTACT DREAM CAKES BY JEN:
FACEBOOK: [FACEBOOK.COM/DREAMCAKESBYJENLLC](https://www.facebook.com/dreamcakesbyjenllc)
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PHONE: 405.819.8847



Birthday cakes



Wedding cakes



SECOND QUARTER GOAL GETHERS

The first Monday of each month, our members are invited to “name it and claim it” to set their priorities for the month for **work, wealth and wellness**. You can participate in person at Yay on Broadway in Edmond or online via Zoom from anywhere in the country. Learn more at ChicksinCharge.club. Connect with our Chicks on our [online directory](#).

FROG = Focus Reaches Our Goals

Where your focus goes, your energy flows, & your life grows.

Magic happens in the present moment so what ACTIONS are you taking right now to make your dreams come true?

At Goal GetHers we use a Focus Pocus planner and prioritize up to 3 things in each category:



I filed my LLC paperwork – better late than never.

Julie Reising, LMFT

I'm 3 transactions away from meeting my goal on homes sold this year!!

Angie Grant, Realtor

I'm up 20% in this crazy market.
Sheila Rolen-Pender, CEO

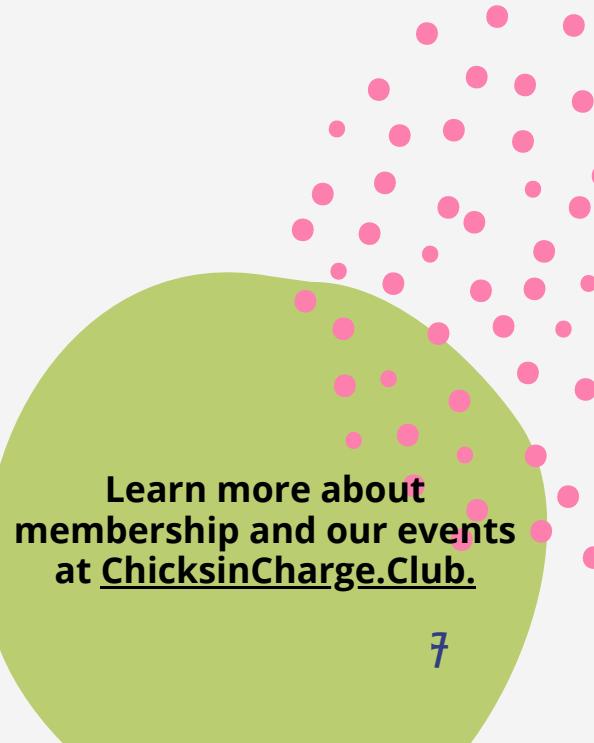
I have lost weight just by tweaking water intake, stopping some medications that were not serving me and adding more movement.

I have noticed small changes in my body, energy and sleep. I started journaling at night again and it has really helped me balance some thoughts that were trying to take me down. I have gained more customers to love on by just being present. Posting daily and following up with more meaning. Shelli Hibberd

This science-backed approach makes it more likely that you will hit your goals. Your fellow Goal GetHers provide feedback, guidance, resources and connections to help you along the way. But first, YOU have to prioritize what truly matters to you and *leave the rest in the pond.* 😊

We call it **Kiss the FROG**, because it's only by embracing the goal and doing the work that transformation can happen.

If you'd like accountability for Q3, JOIN US!



READY TO TRANSFORM YOUR SPACE?

Meet Stacy Lopez, owner of Envision Paint + Remodel

Envision Paint + Remodel is a shining example of how passion, purpose, and design can transform more than just physical spaces—it can empower entire communities. Founded by Stacy Lopez, a female entrepreneur with nearly a decade of industry experience, this Edmond-based, women-owned company combines craftsmanship, creativity, and client-centric values to help homeowners in OKC and Edmond turn renovation dreams into reality.

In a male-dominated construction sector, Stacy brings a fresh approach: listening closely, collaborating thoughtfully, and guiding clients—especially women—through each decision, from color swatches to project timelines. Whether it's interior or exterior painting, custom carpentry, kitchen or bathroom makeovers, cabinet refinishing, or tile installation, Envision offers a full suite of services backed by transparent communication and designer-forward execution.

What sets Envision apart is the seamless, stress-free process. Stacy's mission is to ensure every project feels "fun and rewarding"—a rare promise in remodeling. From supporting clients through bold feature walls to functional built-in bookshelves, she now guides both seasoned homeowners and first-time renovators with style and confidence.

For women in business, Stacy's journey offers bold lessons: lead with empathy, pursue excellence, and lean into your strengths—because transforming homes can begin with transforming yourself. Bold move? Definitely.

Reach out to start your next transformation:
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BOLD BEAUTY IN AFRICA

Angie Cooper, A/C Aesthetics Shares the Aesthetics of a Safari in South Africa

In our fast-paced, hyper-connected world, it's rare to truly slow down. Even on vacations, we often rush to check boxes: see the sights, snap the photos, then move on. But in South Africa—a land that pulses with primal beauty, wild rhythms, and ancient silence—you're invited to do something radically different: pause, breathe, and take in the majestic aesthetic of the animal kingdom.

The Emotional Aesthetic

There's an emotional aesthetic to witnessing animals in the wild. It's not just about what you see—it's about what you feel. A cheetah's sleek form is thrilling, but it's the focused tension in her muscles that stirs something deeper. A baby elephant playing in the mud delights, but it's the maternal protection from the herd that truly warms the heart.

To sit with lions is to be reminded of aesthetic in its purest form—not constructed or curated, but wild, raw, and unapologetically real. Their beauty isn't for performance—it simply exists, fiercely and freely. To not just see them, but to feel them—deep in your chest, in your breath, in your sense of awe. These moments awaken something ancient in us—the part that remembers we are also animals, part of the same circle of life. Perhaps that's the most profound lesson they offer: true aesthetic doesn't seek to impress. It just is.



The Aesthetic Art of the Wild

It's not just the landscapes that inspire awe—it's the way life moves within the animals. A sensory reset. As the Land Rover crunches across the earth and the wind rushes past your ears, time stretches. You begin to observe differently—noticing how a herd of impala moves like a wave, how a rhino flicks its ears, how silence settles like a blanket after a lion's roar. A lion's mane, backlit by the rising sun, becomes a crown of fire. The black-and-white elegance of a zebra herd grazing at dawn resembles a living painting. Elephants, with their wise eyes and slow, lumbering grace, carry the weight of centuries in each step. A giraffe bends delicately to sip water, as if choreographed in a ballet. Here, animals aren't just part of the scenery—they are the scenery. Each encounter feels like a masterclass in presence, in beauty, in stillness. Technology fades into the background. There's no rush. You wait. You watch. You breathe. And in that stillness, you begin to return to yourself.

The Aesthetic Stillness Speaks

There's a powerful aesthetic in the lion's stillness. A lion at rest is a study in peace and quiet strength. He lies, unbothered, in the shade of an acacia, breathing deeply. No fear. No rush. Just presence. That stillness is as beautiful as any movement—a reminder that true power doesn't need to announce itself. Just as leaders with power we do not need to be announced, we just are as a lioness rises, however, her motion is poetry. Sleek and muscular, she moves with a purpose that's both nurturing and lethal. Watching her stalk through the grass, eyes fixed ahead, is to witness design at its most refined—where form and function blend into silent elegance. And there we are found in true aesthetic stillness.

AESTHETIC mood



A lion's mane, backlit by the rising sun, becomes a crown of fire. The black-and-white elegance of a zebra herd grazing at dawn resembles a living painting. Elephants, with their wise eyes and slow, lumbering grace, carry the weight of centuries in each step. A giraffe bends delicately to sip water, as if choreographed in a ballet. Here, animals aren't just part of the scenery—they are the scenery. Each encounter feels like a masterclass in presence, in beauty, in stillness. Technology fades into the background. There's no rush. You wait. You watch. You breathe. And in that stillness, you begin to return to yourself.

To travel to South Africa is to be invited into nature's gallery. It's where animals don't perform—they just are, and that being is enough to take your breath away. So, go. Not to rush. Not to "do it all." But to simply be—quietly, reverently—in the presence of creatures that remind us how to live fully, deeply, and beautifully. Sometimes, the wild is not a place to escape to—it's a place to come home. Just be you. The glorious you. Whatever it is to be comfortable in your skin, to enjoy life to the fullest and be well!

Angie Cooper, AC Aesthetics & Wellness
405-201-4207
African Safari by Ntaba Safari



WOMEN-OWNED SMALL BIZ SPOTLIGHTS



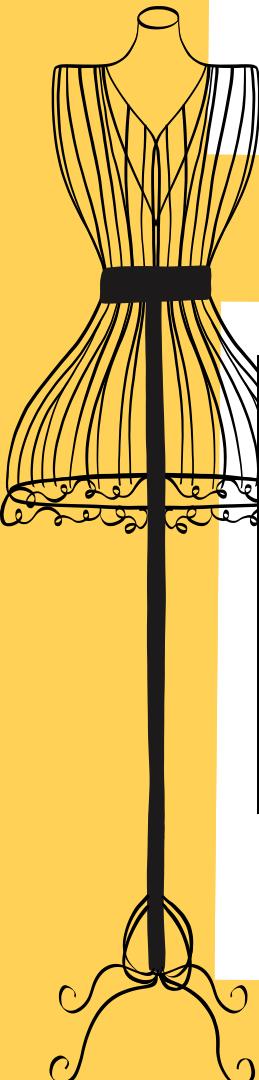
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Welcome

YOUR LOGO

TO

ROOSEVELT ROW

FORGET FOMO: GO SOLO

BY MEREDITH SENSE-CRUZ, EMPOWERED & INTIMATE



What made you decide to do a solo trip and how did you decide on your destination?

I am most fulfilled when I get to travel and I was long overdue for an adults only trip. My original plan was to do a trip with my best friend, however, we couldn't get our schedules to line up as quickly as I wanted to go, so I made the decision to go alone this time. I didn't put a lot of thought into the destination, I had enough airline miles to cover round trip to a few different locations and Phoenix felt like it would be the safest out of my options.

What did it feel like to travel alone and what were the top 3 highlights of your trip?

It was HEAVENLY to travel alone! I really enjoy being by myself so once I removed the pressure of having to worry about anyone else's needs, it made it easy to live in the moment and enjoy it.

My top 3 highlights:

1. The sunrise hot air balloon ride with Rainbow Ryders, Phoenix was the best part of the trip! I even met some other women traveling alone and we had brunch together after!
2. I loved getting to see Neil DeGrasse Tyson lecture on Astrophysics in the Movies. 😎
3. The area I stayed in, Roosevelt Row, was the perfect artsy vibe with cute boutiques, plenty of good places to eat, and fun street art. I definitely got my steps in exploring! Plus it was a 5 minute ride to downtown Phoenix where I was able to do more exploring

Was safety a concern and what would you recommend for other women if they plan to travel solo?

Safety is always a front of mind concern for me so I stay pretty alert and take the regular precautions, however being by myself took away the stress of having to also look out for someone else. For this trip I did make sure to take my pepper spray (be sure to put this in your checked bag if flying) plus I have a portable door lock that I highly recommend for added security of your room. This is perfect for all door types:

Would you do it again? And, if so, where to next? :)

Absolutely! Planning a trip full of activities catered solely to me, then changing that plan as my mood changed is a dopamine rush I will be seeking again soon! I'm currently looking at an adults only, riverside resort in Texas, but I'm always adding to list of destinations so we'll see where I end up. 😊



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3

SOUL-STIRRING DESTINATIONS EVERY WOMAN SHOULD EXPERIENCE

by Erin Smith, Travel Advisor, Cultivating Connections

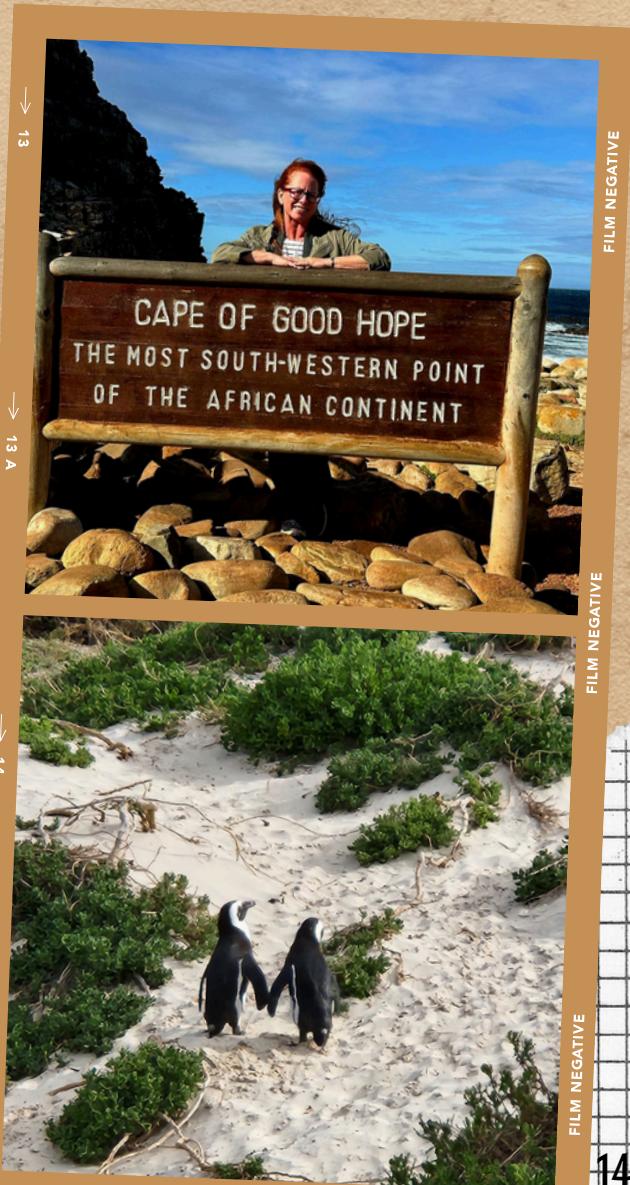
There's something powerful about women exploring the world on their own terms. Whether you're celebrating a milestone, seeking connection, or simply craving adventure, these three destinations offer beauty, depth, and a touch of magic.

Cape Town, South Africa is bold and breathtaking. From hiking Table Mountain at sunrise to sipping wine in Stellenbosch, this area is where wild nature meets sophisticated charm. One of my favorite moments? Walking alongside the penguins at Boulders Beach. Proof that the unexpected often becomes the most unforgettable.

Iceland is pure wonder. It's not just the waterfalls and glaciers, it's the sense of peace and possibility. Soaking in a naturally heated geothermal pool, surrounded by surreal volcanic landscapes, is both grounding and awe-inspiring.

Santorini, Greece invites you to slow down and savor. Beyond the whitewashed villages and cliffside views, the island's vibrant wine scene makes it a perfect spot to reconnect whether with yourself or your partner, over a glass of crisp Assyrtiko at sunset.

Feeling inspired? Start dreaming now and let these destinations stir something new in you. The world is waiting. And it's even better when shared.



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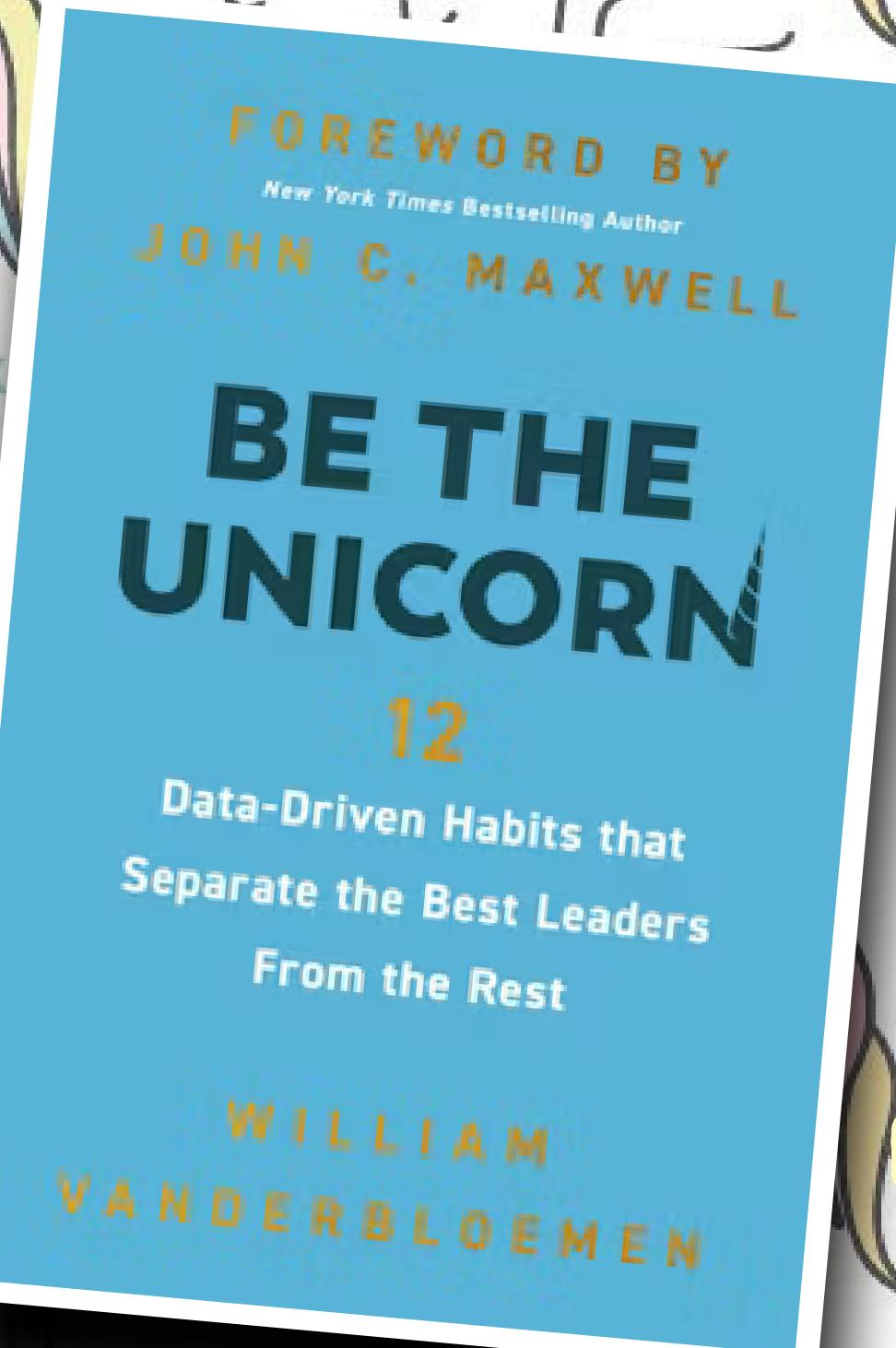
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BOOK: BE THE UNICORN



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Bold Wellness: Owning Your Pleasure To Ignite Your Shine



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Malena Putnam
CEO, Chicks in Charge & Yay Dude Media & Marketing
Bold Productivity: Kissing FROGS & Bold Business: The 5-Minute Trailblazer Marketing Plan



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Dr. Lori McKinnon, APR
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As part of our new theme, "The Bold Life '25", we have launched a new quarterly digital magazine for boss Chicks to learn, inspire and grow together. The magazine is a FREE digital download on our CIC site + our linktr.ee and promoted in OKC (70% ad spend) and nationally (30% ad spend), our email newsletter and our social channels to reach both local and national boss Chicks and women in business. See booking deadlines and details at chicksincharge.club.



✉️ malena@readyaimgrow.com
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NEXT UP:

Chicks hosts in person and virtual events for members and guests. From speed networking to social hours to book clubs to retreats and workshops, we're here to help our Chicks' achieve their dreams and have fun along the way.



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Monthly Virtual Power Lead & Learns
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(Half hour - Members only, nationwide)

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One personal development book per quarter with a book club happy hour.
Members

Sept. 24th (Women Who Run with the Wolves)
Dec. 3rd TBD



Goal GetHERS Collab & Co-working day, 1st Monday of each month, Members

August 3-5th
Chicks in the Sticks
Summer Camp - Lake Murray. Members & guests.

August 21st
Fire & Ice Event | Public

Nov. 6-9th
Chicks in the Sticks
Fall Retreat - Hochatown.
Members + guests.

November 29th
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December 7th
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